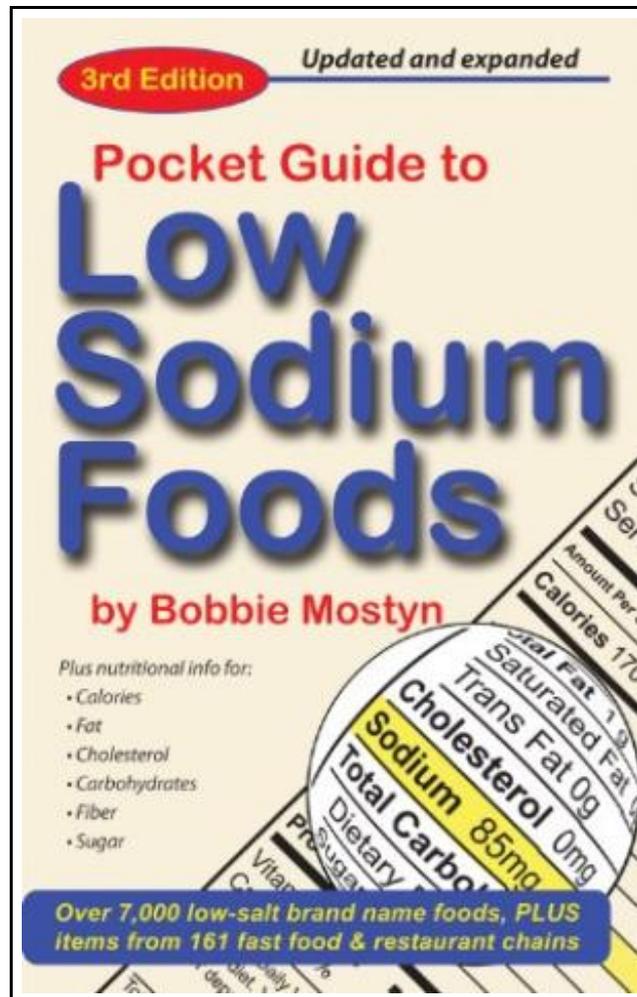


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POCKET GUIDE TO LOW SODIUM FOODS



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